



Noah's Ark Independent Primary School

Subject: Life Skills	Examiner: Dugunye, G.
Type: End of Term Three	Moderator: Rwizi, A
Date: 8 October 2020	Grade: 5-____
Marks: 30 Marks	Time: 45 minutes

Name: _____

Instructions:

Answer ALL the questions in the spaces provided.

Write neatly and legibly

Carefully read all questions before answering

Section A

1. Read the following statements about abuse, say which statements are true and which are false. (3)

1.1 If you are abused, it is your fault because you have done something wrong. _____

1.2 Emotional abuse is e.g. when someone takes your lunch away from you every day at school. _____

1.3 Physical abuse is when e.g. someone beats and bullies you everyday. _____

2. Define what a place of safety is. (2)

3. Give two examples of what places of safety do to help children in violent situations. (2)

4. What is COVID-19? (2)

5. List three symptoms of COVID-19? (3)

6. Describe what you can do to protect yourself against COVID-19. (3)

_____ / 15 Marks (Section A)

Section B

7. Read the following case and answer the questions that follow.

Water that brings sickness

The clinic in a village in the Eastern Cape is always busy. Mothers bring babies and children with diarrhoea. Sometimes, the children die.

People collect water from the river for drinking, cooking and washing in this village. At this point, the river has pass through several villages already. It is polluted with germs as many people use the bushes near the toilet, and the rain washes the faeces into the river.

There are communal taps in the village but sometimes the water dries up. Also, people prefer the taste of the water from the river. Every time a person drinks water from the river, they risk getting sick because they take in germs with the water.

People from NGOs (non-governmental organisations) are training people in the villages to teach the community about safe water and helping them to build proper toilets.

7.1 Why is the quality of water in the river poor? (2)

7.2 Name two diseases you can get from drinking this water. (2)

7.3 How can the quality of the water be improved? (1)

8. Describe what is mean by the following statement: (2)

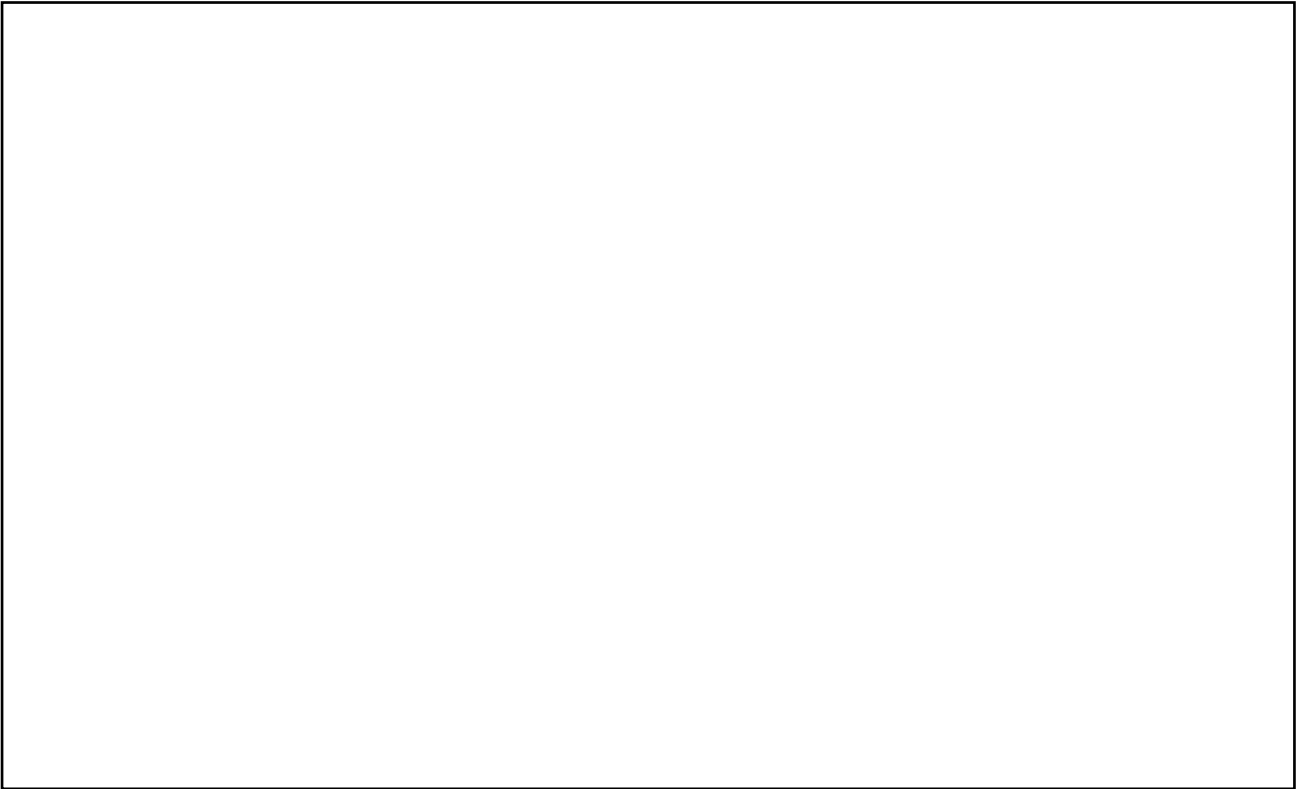
Children need to have a balanced diet.

9. Explain what happens if a child does not have a balanced diet. (2)

10. Explain what happens if a child does not have a balanced diet. (2)

11. Construct a food pyramid of the foods you have eaten in the last 24 hours. Put the foods on the right levels of our pyramid. Follow the guidelines in the rubric below. (6)

Criteria	Possible Marks	Actual Marks
Food levels well outlined and demarcated	3	
Learner shows understanding of which foods fall under which level.	3	
Total	6	



_____ / 15 Marks (Section B)

_____ / 30 Marks Total